## Balancing Your Natural Inflammatory Response\*

# University testing shows a reduction of the natural inflammatory response to an unhealthy diet\*

ife is a balancing act full of challenges. We are constantly faced with multiple stressors that can tilt the scales in the wrong direction. Aging, poor diet, sedentary lifestyle, lack of sleep, environment, and a whole host of other factors can significantly reduce your body's ability to quickly and effectively overcome daily stressors. Your body's first, essential response to these stresses is characterized by inflammation at the cellular level.

### What is inflammation?

Inflammation is your body's way of calling attention to an area needing support. Or more technically, inflammation is an immune system defense that starts with an increase in blood flow to the affected area(s) within the body. To emphasize that need, inflammatory-promoting chemicals are released to cells to perpetuate a response, with one of the most widely accepted primary inflammatory mediators being TNF-alpha.

#### What causes inflammation?

Normal inflammation is absolutely essential to life and is an entirely healthy response to daily lifestyle stressors, as well as the more recognizable causes of inflammation, such as infection or injury. In other words, one of your body's first lines of defense when it encounters something new or foreign

is to mount an inflammatory response. Without it, your body would never adapt and overcome new challenges.

### Why should you control inflammation?

Inflammatory response is essential to adapting to life and its various effects. Research has suggested that inflammation that isn't quickly and constantly returned to normal is a major culprit in accelerated aging, fat gain, muscle loss, and even sexual decline.

### How 4Life Transfer Factor Renuvo® can help

Patent-pending 4Life Transfer Factor Renuvo was formulated to help improve your body's response to daily stress and bring it back into balance.\* The secret is in its ability to help increase the body's defenses against physiological stress.\* Like a rubber band that gets stretched too far, if you don't return the rubber band to





"Since I started taking 4Life Transfer Factor Renuvo, I have noticed a difference in my energy levels. I can exercise longer and recover faster. I feel better than ever before!"

#### Juan Rosado

Platinum International Diamond Florida, USA



its normal resting state, it will eventually break. 4Life Transfer Factor Renuvo® is formulated to help you return to that normal, healthy state—faster and more effectievely.\*

### **Backed by research**

In a fully randomized, placebocontrolled, 30-day safety and efficacy study, conducted at the University of Missouri and in association with Auburn University, 4Life Transfer Factor Renuvo outperformed expectations with its ability to help reduce the pro-inflammatory response to help an unhealthy diet.\*

Study results showed that consuming just two servings per day for 30 days resulted in a significant 64% reduction in the pro-inflammatory marker TNFalpha.\* Additionally, 4Life Transfer Factor Renuvo significantly increased the body's ability to address the negative effects of an unhealthy diet, and similarly reduced the amount of damage caused to tissues in response to a poor diet.\*1



University testing shows a reduction to the natural inflammatory response in individuals with an unhealthy diet.\*1

These amazing results with 4Life Transfer Factor Renuvo were even presented at the 2014 Annual Meeting of the American College of Sports Medicine in Orlando, Florida.

The secret to 4Life Transfer Factor Renuvo is in its ability to help bring the natural inflammatory response back into balance.\*

**4Life Transfer Factor** Renuvo has been formulated as a foundational product for everyone over the age of 18. It is recommended for daily consumption to help target healthy aging and promote improved physiological recovery.\*





"I'm a healthy, active 64 year-old woman and the mother of eight daughters. Every year I walk the World's Best 10K and each year it was taking me longer to finish. Not this year! After I started taking 4Life Transfer Factor Renuvo and training harder, I definitely felt a difference. Next year I plan to do even better!"

Ilka Cabañas

Diamond Puerto Rico

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, **CURE, OR PREVENT ANY DISEASE.**